

FROM :

DR. ROBERT W. W. W.

FAX NO. : 945 7864

V. 16 2005 12:54PM P2

Name of Patient Irinda SchingaDate 6-20-03

(1/10)

Progress Notes

new tx w/ psychologist every 3 mos. 5 yrs ago in 3 mos. 0039127/146  
 currently in tx w/ Mark Bernstein - Xanax 0.5 1-2x daily, Ambien 10 mg  
 nightly, Ecstacy, Clonidine, Prozac  
 (signs of pervasion of heart attacks)  
 tension headaches - takes 1 Phrenilin Forte 2 mg  
 x migraine headaches  
 married since 1967, 1 son 24  
 retired since 10-1-01 from Defense Logistics Agency as Property Disposal Techn  
 GS 7. - served as branch administration, clerk  
 11-2000 her ex dx w/ CA, parents divorced, L assisted him "w/ his needs"  
 L had been under stress from workplace, health began to deteriorate (5 heart at  
 the winter of 2000-01). Fx in hospital 2-01, died 3-01  
 on October since 12-99: had inflammation - walking on toes, pained ligament  
 6-01 offered pre-retirement seminar. 3-4 days by seminar L took by sup.  
 she's not eligible to attend bc she'd attended one 5 yrs prior. never got response to  
 req. for written verification of leave for denial.  
 2 wks later to take 1 day later of requirements alleging abuse of SL & requiring her  
 to provide doctor's note for all medically related leave, including headaches  
 was "terribly upset" by letter, developed tension headaches in response  
 34 yrs of govt service, 26 w/ OLT, no hx of SL abuse  
 could have been providing that anyway, but not for tension headaches, which sometimes  
 occurred weekly  
 began to dread going to work - she'd intended to retire in 2004, but health became  
 overriding issue. Symptoms: "anger, humiliation, anxiety, insomnia, more fi  
 acid stomach, mental anguish, a lot of depression, fatigued throughout  
 day, difficulty getting out of bed, freq. spent weeks in bed, social  
 withdrawal, concentration & ST memory impaired, hopelessness, helplessness  
 frustration like no other time in my life, stop participating in enjoyable  
 activities (and hobbies), total loss of libido  
 am in tx for depression (w/ 112 doz)  
 began seeing Bernstein in '92, had inspired to pt of being "healed off" from  
 resumed use in fact of work stress  
 originally saw Bernstein for anxiety, insomnia 20 to 1988 episode in which she  
 thought she had heart attack - later tx ended w/ consideration of work stress  
 from inhibition becoming JPA after 1 mo. on job (original rating reinstated, but  
 loss upset w/ her diagnosis) - 1990  
 Next Visit: Sched. for                      Pt. will call ☐ Tx will call pt. ☐ Tx terminated ☐

currently sees Bernstein every 3 mos.

EXHIBIT LL

FROM :

FAX NO. : 945 7864

16 2005 12:55PM P3

Linda Selinger cons. 2-20-03

(2/10)

injury retaliation claim (both requirements 2<sup>o</sup> to request for written rationale for denial of retirement seminar)

handicap discrimination for insulting remarks about his leg ("why don't you cut it off") - made by injured emp. Stephen Ching

Edwin M. Domdona leg loss (ORMO chief) - 2-3 witnesses who L. Dom heard him say "I don't like it when females stand up..."

age discrimination based on 4 personnel denied attendance at ret. seminar all in age 54-70 y.o. others have filed EEO claims as well.

he felt denial of seminar was "personal, that he'd never missed that before from 1990." Other factors: Domdona denied award put in by supervisors, delayed for promotion after HQ in Battle Creek authorized disciplinary upgrade from GS 6-7 (1998).

one of visits w/ Bernstein since 1992: 2-3x1 yrs

and another psychiatrist in 1988 w/ in 1 mo. after hospitalization. other one how long she saw him I can't remember his name.

total 6. Ching she didn't appreciate his insulting remarks, but he persisted - witnesses to this

she felt she was being denied a "reward after 34 yrs of loyal govt service" re: seminar. Activity was shut down for day, 44/48 employees allowed to go to seminar, all 4 denied had attended one 5 yrs prior, 1 of the 44 had attended seminar 5 yrs prior.

2 of the 3 others denied were part of 1990 complaints: leaving of JPRS



(3/10)

Name of Patient Linda SchreierDate 3-4-03Progress Notes

rec'd Ro I - tone fairly neutral, no apparent conclusions  
 amp she's motivated by "principle," wants "justice served" -  
 started EEO process shortly after retiring; filed formal complaint  
 in Jan. 2002 (Congressional, w/ Rep. Abernethy)  
 Sept 2002 Battle Creek HQ said they'd let her file but was ready  
 to proceed. Investigation came out Jan 2003 (when she also rec'd her  
 official personnel folder)  
 met w/ atty EW Smith for 1st x in Dec 2002, decided to hire him 2-10.  
 "I know I know she tried my best" Wants to make a "difference for the  
 better."  
 says about 30 people have left her agency in past 5-6 yrs  
 psychologist she saw 5 yrs ago: Nancy Hughes for about 6 mos. (about  
 every 2 wks or so)  
 MMPI 2 - agrees she tends to report to stress w/ phsy symptoms  
 denies any delusional or hallucinatory exp.  
 currently seeing Dr. Bernstein every 3 mos.

Next Visit: Sched. for \_\_\_\_\_ Pt. will call ☐ Tx will call pt. ☐ Tx terminated ☐

(4/10)

Dr. Bernstein & L. Selinger  
5-8-03

Gen Anxiety Disorder - relatively on Xanax & Lorazepam  
309.0 constantly complained about work stress  
infirmness ("all happen kinds of reasons")

discrimination, harassment  
nothing clinical leads to doubt veracity of claims  
prior to greatly good history & reliable

some outward stressors in terms of aging parents, cannot  
living up to expectations

→ med. diff. to help this due to work stress constant  
& unyielding  
initially can't get sleep problems.  
toward end of tx he became rigid & unpleasible

(5/10)

Name of Patient Linda SelingerDate 6-24-03Psychotherapy Notes

WMSA Met 087 XLPFO05754826641  
 DOB 9/27/46  
 1517 Mahuli St. Apt 1201 WNL 96822  
 945-7864

seeing Dr. Bernstein every 3 mos - saw him last mo., feeling  
 "more depressed"

prescribed Zoloft 37.5 mg (3/4 of 50 mg pill), Xanax 0.5 PRN,

Ambien nightly

last wk had EEO deadline to submit documents in case - felt overwhelmed  
 got tension headaches (and prescription from PCP for them)

felt stressed by wk time pressure + attempts to produce "pretty" mg.  
 chart for attorney

action trans of stressing self when tasks difficult - "I cry a lot on wall"

action time pressure more overwhelming than it should be when piled atop  
 her existing anxiety

prior to 1988 hospitalization "I didn't know what anxiety was -  
 since then put more pressure on myself than I should"

work stress "carried over into fam. life" - "I've become more distant from  
 husband"

does / has little to nurture herself - used to play golf passionately  
 but more since '99 foot injury

needs to actively cultivate outlets to replace golf (like pool)  
 agrees w/ assessment

Next Visit: Sched. for \_\_\_\_\_ Pt. will call ☒ Tx will call pt. ☐ Tx terminated ☐



(6/10)

**Robert Davé, Ph.D., Inc.**  
Hawaii Licensed Clinical Psychologist

April 22, 2003

Re: Linda Sekiya

Hospitalized at Straub 7-11 to 7-12, 1988. Admitting diagnosis: chest pain, rule out myocardial infarction. Discharge diagnosis: chest pain, no myocardial infarction found.

Treated 8-18-1988 by J.T. Berthiaume at Straub for fear of driving, light-headedness subsequent to hospitalization. Diagnosis: Probable Anxiety Disorder by History. Prescribed Xanax 0.25 mg tid (3x/day). Followed up on 8-23-88 and 9-6-88. Continued on Xanax, decreasing in frequency to bid (2x/day). Off work from 8-18 to 9-6-88. Followed up on 9-20-88, Xanax increased from bid to tid.

Seeks 2<sup>nd</sup> opinion from W.P. Jones at Straub 9-29-88. Jones notes at time of hospitalization she was worried about what would happen to her 10 yr old son if she died. "She is under some stress both at home and at work." Impression: Hyperventilation Syndrome. Continued Xanax prn (as needed).

Calls for Xanax 10-7-88, 12-23-89 (use down to 1x/day prn). Given prescription. Returns next on 8-8-91 for more Xanax. Has used only 30 in previous 18 months. Impression: Hyperventilation Syndrome, Stable. Refills Xanax 11-12-91.

Returns to Dr. Jones 9-2-92 for dizziness. He notes her sparing use of Xanax for "stress and anxiety." "Looks slightly depressed." Impression: Vertigo, subsiding; and "Situational Reaction."

5-29-93 (Dr. Jones): "Patient comes in because of a rash which is now resolved and shortness of breath. She attributes both of these to stress at work. There are a lot of problems there because of down-sizing and uncertainty about the future." Impression: Hyperventilation Syndrome. Refilled Xanax, 1x/day "for tension."

9-7-93: Psychiatric consultation w/Dr. Bernstein. "Anxiety disorder." Notes she is on Xanax and prescribes Paxil 10 mg hs (at night). Sees Bernstein again on 9-27-93; Paxil made her nauseous. Trial of Trazadone initiated. Cancels 11-15-93 appt. w/Bernstein.

1-26-94: Appt. w/Bernstein. Trazadone not helpful. Prescribed something illegible plus Xanax 0.25 mg prn. Bernstein notes "work problems, feels insecure."

9-23-94: Appt. w/Bernstein. Trial of Ambien. Continues Xanax daily. "Work stress—harassment." Ambien continued on 10-4-94.

2-16-95: Appt. w/Bernstein. Meds continued. Notes "work stress resolving. Possible retirement of supervisor."

Sees Bernstein 8-15-95, 12-16-95, 1-26-96. Meds continued, no other notes. 4-2-96 appt. notes

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(7/10)

"stress w/stepfather's death." Meds continued.

10-15-96: Appt. w/Bernstein notes, simply, "work stresses." Meds continued (still on Ambien for sleep disturbance).

4-29-97: Appt. w/Bernstein. "May need to retire...Stressed." Ambien/Xanax continued.

8-27-97: Bernstein appt. Notes "stress at work."

3-25-98: Bernstein notes "Discussed work stress and need to keep to meds as ordered. Hoping for early retirement." Prescribes Prozac, if I'm reading his scrawl correctly.

5-19-98. Prozac refilled.

7-29-98: Bernstein appt. "Prozac helpful...Work going ????" (indecipherable)

5-14-99: Neurology consult (Dr. James Pearce) for headaches, stiffness in neck/shoulders, eye twitching. Diagnostic impression: Recurrent muscle contraction headache. Pearce notes history of "occasional stress headaches" and treatment for anxiety by Bernstein. Notes, "In regard to the twitching of the eye, this undoubtedly stress related in the typical tarsal plate fasciculation seen with stress."

7-1-99: Appt. w/Bernstein. Notes, "Continue meds...Trying for early retirement...anxious."

2-3-00: Appt. w/Bernstein. "Ligament tear of ankle (on crutches). Discussed sleeping agents. Finds Ambien helpful." Bernstein continues Ambien (10 mg HS; i.e. at night).

5-10-00: Bernstein refills Xanax prescription (0.25 mg, 90 tablets, prescribed for daily use).

8-29-00: Appt. w/Bernstein. "Discussed retirement." Continued Xanax and Ambien.

11-7-00: Father diagnosed w/cancer.

1-23-01: Bernstein refills Ambien prescription.

3-6-01: Appt. w/Bernstein. "Stressed w/father in hospital...Considering retiring this year. Continue meds."

3-7-01: Father dies.

8-21-01: Appt. w/Bernstein. "Very upset over work situation. Feels she has been harassed...Feels unable to perform properly at work since placed on absence control. Taking more Xanax to help..." Increases dosage of Xanax to 0.5 mg PRN (as needed), 180 tablets, with an option to refill. "Side effects discussed & ? of dependence."

8/10

9-10-01: Appt. w/Bernstein. "Off work until end of month and then retiring. Concerns about mother's health. Continue meds. Affect OK but stressed and facing health issues." Bernstein holds her out from work 9-10-01 to 9-30-01. His medical certificate says, "Anxiety and depression."

10-1-01: Linda retires from Defense Logistics Agency.

8-27-02: Medical certificate from Bernstein. "Not recommended for jury duty due to anxiety disorder."



Patient ledger: Linda Sekiya

(17/10)  
(9/10)

Date	Descrip	Charge	Pt pay	1° ins	2° ins	Adj	Bal	Total
06/14/03	Balance brought forward							0.00
02/14/03	90830	100.00					100.00	100.00
02/20/03	Forensic	416.00					416.00	516.00
02/21/03	Attorney	52.00					52.00	568.00
03/04/03	Forensic	208.00					208.00	776.00
03/04/03	Statement rendered							
03/13/03	Attorney	34.67					34.67	810.67
03/18/03	Attorney		776.00					34.67
03/20/03	90889	312.00					312.00	346.67
04/03/03	Attorney	15.60					15.60	362.27
04/05/03	Statement rendered							
04/19/03	Attorney		362.27					0.00
04/22/03	90889	208.00					208.00	208.00
05/01/03	Statement rendered							
05/08/03	Collater	52.00					52.00	260.00
05/08/03	Attorney	34.67					34.67	294.67
05/23/03	Attorney		208.00					86.67
05/30/03	Statement rendered							
06/23/03	Attorney	34.66					34.66	121.33
06/24/03	Attorney		86.67					34.66
06/30/03	Statement rendered							
07/29/03	Attorney		34.66					0.00
02/19/04	Attorney	52.00					52.00	52.00
03/01/04	Statement rendered							
03/31/04	Statement rendered							
04/30/04	Statement rendered							
05/31/04	Statement rendered							
06/03/04	Attorney		52.00					0.00
Column totals		1519.60	1519.60	0.00	0.00	0.00		
10/12/04	Total outstanding balance							0.00

Printed Tuesday 10/12/04 09:53:55

FROM :

FAX NO. :945 7864

JUL 16 2005 01:01PM P1

17/10

Patient ledger: Linda Sekiya

Date	Descrip	Charge	Pt pay	1° ins	2° ins	Adj	Bal	Total
Balance brought forward								0.00
06/24/03	90801	130.00					130.00	130.00
06/24/03	Insuranc					5.00		125.00
06/24/03	Insuranc					100.00		25.00
06/24/03	Insurance claim submitted							
06/30/03	Statement rendered							
07/09/03	Insuranc	100.00					100.00	125.00
07/09/03	Patient		25.00					100.00
07/09/03	Insuranc		100.00					0.00
Column totals		230.00	125.00	0.00	0.00	105.00		
10/12/04 Total outstanding balance								0.00

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